

重新查詢

友善列印

0982學期 課程基本資料

系所 / 年級	健管系碩專(長照) 1年級	課號 / 班別	38E00020 / A
學分數	2學分	選 / 必修	選修
科目中文名稱	飲食與慢性疾病預防	科目英文名稱	Nutrition and Health Promotion
主要授課老師	蔡仲弘	開課期間	一學年之下學期
人數上限	30 人	已選人數	13人

起始週 / 結束週 / 上課地點 / 上課時間

第1週 / 第18週 / M406 / 星期1第10節
第1週 / 第18週 / M406 / 星期1第11節

請各位同學遵守智慧財產權觀念；請勿非法影印。

教學綱要

一、教學目標(Objective)	This course has the followin goals: (a) To understand the basic physiologic parameters that are associated with the aging process and the development of the aging/lifestyle-related chronic diseases, (b) To understand the role of diet and nutrition in the prevention of the chronic diseases, and (c) To understand the role of lifestyle factors such as smoking, alcohol-drinking and sedantary life in the etiology of the chronic diseases.
二、先修科目(Pre Course)	
三、教材內容(Outline)	The course is intended to provide an overview of the role of diet and lifestyle in the etiology of lifestyle-related chronic diseases in the Taiwanese population
四、教學方式(Teaching Method)	This course has the followin goals: (a) To understand the basic physiologic parameters that are associated with the aging process and the development of the aging/lifestyle-related chronic diseases, (b) To understand the role of diet and nutrition in the prevention of the chronic diseases, and (c) To understand the role of lifestyle factors such as smoking, alcohol-drinking and sedantary life in the etiology of the chronic diseases.
五、參考書目(Reference)	

2010/3/1	Overview of the major aging-related chronic diseases	蔡仲弘
2010/3/8	Introduction of the total diet approach in chronic disease prevention	蔡仲弘
2010/3/15	Introduction of the life-term approach to chronic disease prevention	蔡仲弘
2010/3/22	Diet and lifestyle in cancer prevention-I	蔡仲弘
2010/3/29	Diet and lifestyle in cancer prevention-II	蔡仲弘
2010/4/5	Diet and lifestyle in heart disease prevention-I	蔡仲弘

六、教學進度(Syllabi)

2010/4/12	Diet and lifestyle in heart disease prevention-II	蔡仲弘
2010/4/19	Diet and lifestyle in diabetes prevention-I	蔡仲弘
2010/4/26	Diet and lifestyle in diabetes prevention-II	蔡仲弘
2010/5/3	Diet and lifestyle in hypertension prevention	蔡仲弘
2010/5/10	Diet and lifestyle in prevention of hyperlipidemia	蔡仲弘
2010/5/17	Diet and lifestyle in prevention of renal dysfunction	蔡仲弘
2010/5/24	Diet and lifestyle in prevention of osteoporosis	蔡仲弘
2010/5/31	Students presentations	蔡仲弘
2010/6/7	Students presentations	蔡仲弘
2010/6/14	Students presentations	蔡仲弘
2010/6/21	Students presentations	蔡仲弘
2010/6/28	Students presentations	蔡仲弘

七、評量方式(Evaluation)

八、講義位址(<http://>)

九、教育目標

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