

重新查詢

友善列印

0982學期 課程基本資料

系所 / 年級	健管系碩士(長照) 1年級	課號 / 班別	34M00020 / A
學分數	2學分	選 / 必修	選修
科目中文名稱	飲食與慢性疾病預防	科目英文名稱	Nutrition and Health Promotion
主要授課老師	??T?{	開課期間	一學年之下學期
人數上限	30 人	已選人數	0人

起始週 / 結束週 / 上課地點 / 上課時間

請各位同學遵守智慧財產權觀念；請勿非法影印。

教學綱要

一、教學目標(Objective)

This course has the followin goals: (a) To understand the basic physiologic parameters that are associated with the aging process and the development of the aging/lifestyle-related chronic diseases, (b) To understand the role of diet and nutrition in the prevention of the chronic diseases, and (c) To understand the role of lifestyle factors such as smoking, alcohol-drinking and sedantary life in the etiology of the chronic diseases.

二、先修科目(Pre Course)

三、教材內容(Outline)

The course is intended to provide an overview of the role of diet and lifestyle in the etiology of lifestyle-related chronic diseases in the Taiwanese population

四、教學方式(Teaching Method)

This course has the followin goals: (a) To understand the basic physiologic parameters that are associated with the aging process and the development of the aging/lifestyle-related chronic diseases, (b) To understand the role of diet and nutrition in the prevention of the chronic diseases, and (c) To understand the role of lifestyle factors such as smoking, alcohol-drinking and sedantary life in the etiology of the chronic diseases.

五、參考書目(Reference)

2010/2/23 Introduction of the total diet approach in chronic disease prevention

2010/3/9 Introduction and overview of the course

2010/3/16 Overview of the major aging-related chronic diseases

蔡仲弘

2010/3/23 Introduction of the life-term approach to chronic disease prevention

2010/3/30 Diet and lifestyle in cancer prevention-I

2010/4/6 Diet and lifestyle in cancer prevention-II

2010/4/13 Diet and lifestyle in heart disease prevention-I

六、教學進度(Syllabi)

2010/4/20 Diet and lifestyle in heart disease prevention-II

度(Synonym)

2010/4/27 Diet and lifestyle in diabetes prevention-I
2010/5/4 Diet and lifestyle in diabetes prevention-II
2010/5/11 Diet and lifestyle in hypertension prevention
2010/5/18 Diet and lifestyle in prevention of hyperlipidemia
2010/5/25 Diet and lifestyle in prevention of renal dysfunction
2010/6/1 Diet and lifestyle in prevention of osteoporosis
2010/6/8 Students presentations
2010/6/15 Students presentations
2010/6/22 Students presentations
2010/6/29 Students presentations

七、評量方
式(Evaluation)

八、講義位
址(http://)

九、教育目標

重新查詢

課程查系統 Viewable With Any Browser & 1024 x 768 Resolution

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