

重新查詢

友善列印

0981學期 課程基本資料

系所 / 年級	健管系碩士(長照) 1年級	課號 / 班別	34M00015 / A
學分數	2學分	選 / 必修	選修
科目中文名稱	老年營養學	科目英文名稱	Geriatric Nutrition
主要授課老師	蔡仲弘	開課期間	一學年之上學期
人數上限	30 人	已選人數	14人

起始週 / 結束週 / 上課地點 / 上課時間

第1週 / 第18週 / M519 / 星期1第07節
第1週 / 第18週 / M519 / 星期1第08節

請各位同學遵守智慧財產權觀念；請勿非法影印。

教學綱要

- 一、教學目標(Objective)
Reading assignments: You will be directed to read selected articles in each subject area and to complete questions or homework. Your homework will be graded with comments. Discussion will be done during those weeks that the instructor is in Taiwan. Term
- 二、先修科目(Pre Course)
- 三、教材內容(Outline)
1.Nutrition Care of the Older Adult"--A handbook for dietetics professionals working throughout the continuum of care. 2nd Edi. //American Dietetic Association. 2.Selected journal articles and Web-Pages.
- 四、教學方式(Teaching Method)
Method of teaching: This course will employ lecturing, group discussions, and individual presentations.
- 五、參考書目(Reference)
To be provided during the term.

2009/9/21	The aging process--Overview (a) Overview of the aging process. (b) Causes of aging	蔡仲弘
2009/9/28	Introduction to geriatric nutrition (a) Nutrition in the elderly--Overview (Chapter 1) (b) Failure to thrive in the elderly	蔡仲弘
2009/10/5	a) Risk factors associated with poor nutrition (Chapter 2) (b) Aging and GI problems (Chapter 9) (c) Anorexia in the elderly	蔡仲弘
2009/10/12	Aging-associated changes in CHO & lipid metabolism (a) Nutrition care for CHD patients--(Chapter 5).	蔡仲弘
2009/10/19	(a) Aging, nutrition and atherosclerosis--The new view. (b) Nutrition care for DM patients--(Chapters 6 & 8).	蔡仲弘

六、教學進度(Syllabi)

2009/10/26	Aging-associated changes in protein metabolism (a) Protein & amino acid metabolism and sarcopenia (b) Sarcopenia (c) Aging and sarcopenia (d) Liver problems (Chapter 7)	蔡仲弘
2009/11/2	Aging-associated changes in immune functions (a) Hormone & immune function--implication of aging (b) Immunity and aging--the enemy within	蔡仲弘
2009/11/9	Aging-associated changes in calcium metabolism (a) Calcium need of the elderly (b) Aging, nutrition and osteoporosi	蔡仲弘
2009/11/16	Neurological diseases & dementia in the elderly (Chapter 11 & 12) Nutrition care of dementiated patients	蔡仲弘
2009/11/23	Psychological stress and nutrition in the elderly--The mind-body interaction & stress management for LTC patients	蔡仲弘
2009/11/30	Nutritional status and nutrient requirements of the elderly	蔡仲弘
2009/12/7	Risk and nutritional assessment for the elderly	蔡仲弘
2009/12/14	Role of nutrition in successful aging (a) Successful aging (b) Optimal aging (c) Nutrition interventions in aging and aging-associated diseases	蔡仲弘
2009/12/21	Nutritional interventional and exercise measures for the elderly	蔡仲弘
2009/12/28	Term-project presentations	蔡仲弘
2010/1/4	Term-project presentations	蔡仲弘
2010/1/11	Term-project presentations	蔡仲弘
2010/1/18	Final report due	蔡仲弘

七、評量方式(Evaluation)

Grading: Grade will be based on (a) test scores, (b) performance and participation of assigned works/class activities, and (c) the quality term project.

八、講義位址(http://)

九、教育目標

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